



ENHANCE

HEALTH SERVICES

A division of Disability Services Australia

About Enhance

As experts in allied health and therapy for over 20 years we really understand people with a disability and the needs of their support networks. Our growing team of experienced Occupational Therapists are available to complete NDIS assessments for participants. We believe in flexibility and work with participant's preferences, offering assessment options via telehealth or in person.

Come to us or we can come to you.

Clinic Locations:

Campbelltown | Mascot | Kingsgrove

Contact us: 1300 372 747 | referrals@ehs.org.au

Specialised Assessments - Occupational Therapy Team

At Enhance, we offer a range of specialised assessments under your NDIS Improved Daily Living funding.

Functional Assessment

Conducted by our trained & experienced Occupational Therapy team.

What is a Functional Assessment?

A Functional Assessment looks at the everyday tasks a person can do and the type of support they need to complete the task. This assessment helps the NDIS decide what funding is right for you.

What does it involve?

Our team supports with:

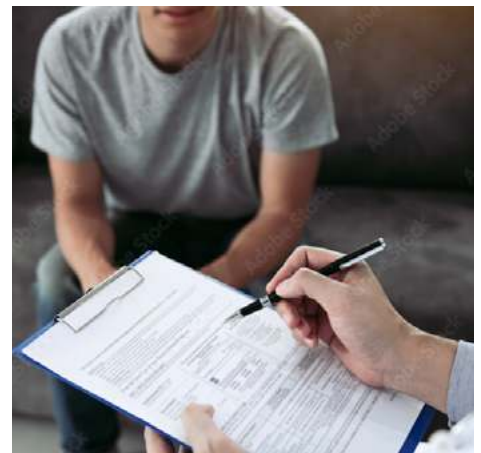
- Conducting an interview with the participant, family, and caregivers
- Completing standardised assessments
- Partaking in meaningful activity
- Reporting by the OT for the NDIS, Support Coordinator, participant, and caregiver.

When is a Functional assessment done?

- When the NDIS asks for a Functional assessment in the plan.
- At the beginning of a plan or just before the plan is ending

How many hours are needed for this Assessment

10 hrs under Improved Daily Living funding and core support funding (if required).



Activity of Daily Living (ADL) Skills Assessment

What is an Activity Of Daily Living (ADL) Skills assessment?

ADLS are the key life tasks (selfcare, domestic duties, paying bills, shopping etc) that people need to manage to live as independently as possible. An OT assessment can help improve your independence by modifying the task, suggesting equipment, and exploring support options to help increase your independence in ADL activities.

What does it involve?

- Interview with the participant, family, and caregivers to understand the medical and social history
- Completing standardised assessments with participant
- Observing ADL activities at home and in the community
- Comprehensive report and/or ADL support guide for participant, family and caregivers with recommendations.
- An OT can also help you with developing and improving your ADL skills through therapy.



When is an Activity Of Daily Living (ADL) Skills assessment done?

An Activity Of Daily Living (ADL) Skills assessment can be done at any time when you have a goal around improving your independence.

How many hours are needed for this assessment?

10 hours under Improved Daily Living funding and core support funding (if required) is required for an ADL assessment and report. Further funding required to assist with developing and improving your ADL skills through therapy.

Seating & Pressure Care Management Assessment

What is a Seating and Pressure Care Management assessment?

Pressure injuries occur from not moving positions in bed or in chair including wheelchair for a long period of time. This can cause ulcers, pain, and the skin to break. This may require medical attention.

An OT can help to develop a Pressure Care Management Plan with instructions and training for how to reduce skin pressure and prevent pressure injuries.

What does it involve?

- An OT will visit the participant to assess and observe the pressure areas.
- Interview with the participant, family, and caregivers to understand the medical and social history
- Complete standardised assessments with participant and carers
- OT will write a Pressure Care management Plan about how to manage the skin area
- The OT will explore equipment/ assistive technology that can help with managing the pressure area.
- Provide training to the participant, carer, and support staff.



How many hours are needed for this assessment?

10 hours under Improved Daily Living funding and core support funding (if required) is required for an assessment, training, guidelines with recommendations.



Assistive Technology / Equipment Prescription

What is Assistive technology/equipment prescription?

Assistive technology (AT) is any item, piece of equipment, software program, or product system that is used to increase, maintain, or improve the functional capabilities of a participant.

What does it involve?

- Our OTs will visit you to consider your individual support needs to identify the most suitable equipment (walker, wheelchair, bed, chair) to meet your needs.
- OT will research the most suitable equipment from you.
- OT will arrange for equipment trial with providers and obtain a quote
- OT will provide quote with recommendation to you or your Support Coordinator (Level 1 and 2 AT)
- OT will complete an AT request report for the NDIS for approval (Level 3 and 4 AT)



When is an Assistive technology/equipment prescription done?

- When your functional capacity has changed
- When your current equipment no longer meets your need

How many hours are needed for this assessment?

Funded under Improved Daily Living funding and core support funding (if required), hours depend on the type of equipment and the number of equipment you need. Speak to one of our OTs.

Manual Handling Training and Education

What is Manual Handling training and Education?

Manual handling is having to lift, lower, move, or carry someone or something. Manual handling is often used for participants who have difficulty transferring, require physical assistance, or the movement of objects and equipment for participants. Education and training can be provided by our OTs to ensure that you and your carers are safe when doing manual handling.

What does it involve?

- Our OT will review you and your carer's level of physical assistance for safe transfers and mobility.
- Our OTs will determine if your equipment is safe.
- OT will develop a manual handling training guideline and provide training to you and your carers.

When is Manual Handling training and Education done?

- When you or your carer feel that your functional capacity has changed
- When you or your carer feel unsafe with mobility and transfers.

How many hours are needed for this assessment?

10 hours of funding under Improved Daily Living and core support funding (if required) to complete the manual handling review, training, and guideline.



Environmental Assessments

What is an Environmental Assessment?

An environmental assessment can be done at your home or in the community to ensure your safety. It can include change in your supports, prescription of equipment and home modifications.

What does it involve?

- A visit with you at home and in the community
- Interview with the participant, family, and caregivers to understand the medical and social history
- Standardised assessments
- A report with recommendations for the NDIS, Support Coordinator, participant, and caregiver.

When is Environmental Assessments done?

- When you are having problems being independent at home or in the community.
- When your physical and cognitive functioning has changed.
- When you need modifications to your home to be independent.

How many hours are needed for this assessment?

Minimum of 10 hours under Improved Daily Living and Core Support funding (if required), this funding includes an assessment and report. Further funding required for equipment approval and home modifications.



Falls Prevention Assessment

What is Falls Prevention assessment?

Our OT will complete a Falls prevention assessment in the home and in the community to assess the risk of falls. A fall prevention plan can reduce the risk of falling and allow the participant to live safely at home and in the community.

What does it involve?

- A visit with you at home and in the community
- A guideline is written by an OT recommending how to reduce the risk of falls
- A report with recommendations for the NDIS, Support Coordinator, participant, and caregiver.

When is the assessment done?

- When you are at risk of falls or have already had falls
- When your physical and cognitive functioning has changed.
- Post hospitalisation

How many hours are needed for this assessment?

10 hours of funding under Improved Daily Living or Core Support funding (if required) for an OT to provide falls prevention assessment, report, and training.



Housing support (SDA & SIL) assessment

What is a Housing support (SDA & SIL) assessment?

A Housing support (SDA & SIL) assessment is done to assess a participant's functional status and the level of support they need to live in Supported Independent Living (SIL) home. Our report addresses all criteria and requirements from NDIS for SIL funding.

What does it involve?

- Multiple sessions in different settings (at family home, current residence, future residence etc).
- OT will also conduct an in-depth Interview with the participant, family, and caregivers to understand the medical and social history
- Standardised assessments and NDIS required assessments are completed
- A detailed report in accordance to the NDIS SIL and SDA guideline will be completed and provided to the Support Coordinator, participant, support provider and caregiver.



When is a Housing support (SDA & SIL) assessment done?

When you are looking to move into a home with appropriate supports and access that meet your needs.

How many hours are needed for this assessment?

Minimum 25 hours under improved daily living funding and core support funding (if required).

Power mobility assessment

What is a Power mobility assessment?

Powered mobility means the use of powered wheelchairs, mobility scooters and other powered devices used by participants with limited mobility.

What does it involve?

- Involves 1 to 2 OT visits to gather information, anthropometrics, functional capacity and environmental information.
- OT will conduct standardised assessments
- OT will assess an individual's competency in driving a powered mobility device
- Trials with equipment providers for scripting
- Assistive Technology request (report) to the NDIS



When is a Power mobility assessment done?

When the participant may benefit from use of a powered mobility device to improve independence and quality of life.

How many hours are needed for this assessment?

Minimum 15 hours under improved daily living funding and core support funding (if required).



Sensory Assessment and Interventions

What is Sensory Assessment and Interventions?

'Sensory Processing' is the way in which the nervous system receives sensory messages and generates them into responses. Difficulties with sensory processing can impact your quality of life and daily activities.

What does it involve?

- Our OTs will conduct standardised assessment – Sensory profile with the participant and caregivers to gather information on the participant's sensory preference.
- OT will look into functional difficulties and behavioural issues which may be caused by sensory issues via interviews and observations with the participant, family and care givers.
- Our OT will identify best sensory approach to support you
- A guide and report with recommendations and suggestions for therapy will be provided to the participant and caregivers



When is a Sensory Assessment and Interventions done?

When your sensory process difficulties is impacting your daily life.

How many hours are needed for this assessment?

Minimum 10 hours under improved daily living funding or core support funding (if required) with report and intervention guide.

Home Modification Assessment

What is a Home Modification Assessment?

Home modifications are any changes to home environment, so that participants can safely access it and move around comfortably in areas they frequently use. Minor modifications can include small, low-cost aids and equipment to improve accessibility (e.g. grab rails and hand-held shower hose). Complex home modifications are changes to the structure, layout or fittings of a participant's home. Our OTs are able to provide advice for major and minor home modifications.

What does it involve?

- An assessment of the participant's functional capacity and current home
- OT will conduct all measurements, liaise with builders, liaise with property owners, and the NDIS.
- Possible site visit with contractors and builders
- A Home Modification request (report) will be submitted to NDIS for approval

When is a Home Modification Assessment done?

When access to your home or the home environment limits your independence. After the assessment, OTs will produce relevant reports and submit to NDIA for their approval.

How many hours are needed for this Assessment?

Minimum 15 hours under improved daily living funding or core support funding (if required).

