

MY PROGRAM CHOICES

Term 3 : 12 weeks

Name: _____

DSA Cronulla

Thank you for choosing to purchase a place in one of our quality programs.

We offer a variety of group based and individualised programs in our centre and community locations.

There are four terms per year. You will have the opportunity to make a new program selection each term. To change your program choices or to make a new program selection within the term, please contact your Service Manager.

Here is a summary of the programs you can select, including costs, program locations, what you need to wear or bring with you each day.

To secure a place in your chosen program, please submit this signed form at the earliest.

These are the DSA Programs I choose to participate in.

Signature: _____



Live life the way you choose



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For more information call Georgina Campbell, Service Manager on

☎ 0490 305 390

☎ 1300 372 121


✉ customerconnections@dsa.org.au


🌐 www.dsa.org.au



Time	Activity	Cost	Yes
Mondays			
All day*	Train Travel	Opal Card	<input type="checkbox"/>
Morning	Puppet making & performing	\$30 per term	<input type="checkbox"/>
	Swimming @ Sutherland Leisure Centre	\$7 per week	<input type="checkbox"/>
Afternoon	Yoga with yoga teacher Jemimah Taylor	\$5 per week	<input type="checkbox"/>
	Fishing @ various locations	\$2 per week	<input type="checkbox"/>
Tuesdays			
All day*	Big Day Out - see list for locations	Varies/Opal card	<input type="checkbox"/>
Morning	Cafe & Walk @ Cronulla Mall	Based on purchase	<input type="checkbox"/>
	Social connections & communications @ the Centre	No cost	<input type="checkbox"/>
Afternoon	The Weeklies music practice at the Centre	No cost	<input type="checkbox"/>
	F45 Gym Class @ Cronulla	To be advised	<input type="checkbox"/>
Wednesdays			
All day*	Cambridge Markets @ Entertainment Quarter, Fox Studios	Lunch/purchase cost	<input type="checkbox"/>
Morning	Flip Out @ Taren Point	\$10 per week	<input type="checkbox"/>
	Art & Craft with Art Therapist Stacha Clemens @ the centre	\$150 per term	<input type="checkbox"/>
Afternoon	X Golf @ Taren Point	\$10 per week	<input type="checkbox"/>
	Barista Training @ the Centre	No cost	<input type="checkbox"/>

Time	Activity	Cost	Yes
Thursdays			
All day	Swimming at Sydney Olympic Park, Homebush	\$6.30 per week	<input type="checkbox"/>
Morning	Bowling at Mascot	\$7 per week	<input type="checkbox"/>
	Cook for my family @ the centre (bring food container)	\$10 per week	<input type="checkbox"/>
Afternoon	Mindfulness Art Workshop with Mandy @ the centre	\$20 per week	<input type="checkbox"/>
	Jui Jitsu @ Life BJJ, Taren Point	\$10 per week	<input type="checkbox"/>
Fridays			
All day	Pub lunch - different locations	Lunch Money/Opal card	<input type="checkbox"/>
Morning	Friday Disco @ the centre	No cost	<input type="checkbox"/>
	Shopping & budgetting @ the centre	No cost	<input type="checkbox"/>
Afternoon	BBQ lunch - different locations	\$5 per week	<input type="checkbox"/>
Saturday Night Social			
5pm - 10pm	Dine out & Dance - various locations	Cost of purchase, ID/companion card	<input type="checkbox"/>

-  Don't forget to pack a hat, sunscreen and a water bottle for outdoor activities.
- Note outdoor activities are subject to change based on COVID - 19 restrictions in NSW

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Tuesday Big Day Out

	Activity	Cost
Week 1	Ferry & Picnic at Bundeena (Price includes Ferry Ticket and Picnic Shop)	\$10
Week 2	Chinese Garden of Friendship	\$4.00 (Concession card)
Week 3	City of Sound Expo, Wollongong	Free
Week 4	A World of Colour & Soulful Sounds, World Square	Free
Week 5	Symbio Zoo (Dine & Discover Vouchers Accepted)	\$37 (Concession card)
Week 6	Science Space Museum, Wollongong	\$16 (Concession card)
Week 7	Archibald Prize, Art Gallery of NSW	\$20 (Concession card)
Week 8	Taronga Zoo (Dine & Discover Vouchers Accepted)	\$37.50 (Concession card)
Week 9	Powerhouse Museum	TBC
Week 10	Event/Hoyts Cinema (Dine & Discover Vouchers Accepted)	TBC
Week 11	James Craig Ship Tour, Sydney Heritage Fleet (Wharf 7, Pyrmont)	\$4 (Concession card)
Week 12	SEA LIFE Sydney Aquarium (Dine & Discover Vouchers Accepted)	TBC

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We value your feedback.

In this space, please tell us if there's any activity not included in this program that you would like to participate in.

PLEASE NOTE:

- Disability Services Australia (DSA) will endeavour to support you to participate in your chosen program selections.
- If DSA cannot deliver your program choice, we will contact you to discuss alternative program options.
- DSA can provide individualised programs with one to one staff support in the location of your choice. Please contact your Service Manager to request a quote if you would like to purchase an individualised program.
- In addition to the programs offered each day, DSA provides a variety of fun and interesting short activities to suit your interests that can be enjoyed: before a program starts, between programs or any time you would like a break from the structured program.
- Where you make a request for DSA to offer a new or different program based on your interests and what is available in the local community, DSA will make every effort to meet your request within your capacity to pay.
- Costs are shown in this document.
- The 'My Program Choices' Guide provides information about the program's aim, what it includes and what you will be doing.
- By signing this form you/your nominated decision maker agree to pay for the service you receive from DSA.
- Some program choices involve physical activity. You accept responsibility to check with your doctor before participating in these.
- Activities are subject to change depending on COVID restrictions.

I understand this document is the record of my program selections with DSA. I understand DSA will claim the cost of staff support from my funding and any eligible activity expenses covered by my funding. I agree to pay any out of pocket activity expenses not covered by my funding.

Customer /Nominated Decision Maker - Printed Name

Customer / Nominated Decision Maker - Signature

Date Signed _____